

MAY 2024

9-12TH GRADE BREAKFAST MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider. Menu Subject To Change Apple, Fruit Punch Juice (14 CHO)				1		2		3	
				4 OZ 100% JUICE CUP ½ C FRUIT CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO) GRAHAM CRACKER (1 WG - 17 CHO)		4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO) GOLDEN GRAHAM BAR (1 WG - 30 CHO)		4 OZ 100% JUICE CUP ½ C BANANA (19 CHO) MAPLE BUTTER WAFFLE (2 WG - 37 CHO)	
6		7		8		9		10	
4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO) FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO) GIANT GOLDFISH (1 WG - 19 CHO)		4 OZ 100% JUICE CUP ½ C CRAISIN (27 CHO) HONEY BUN (2 WG - 38 CHO)		4 OZ 100% JUICE CUP ½ C FRUIT FROOT LOOPS CEREAL BOWL (1 WG - 24 CHO) GRAHAM CRACKER (1 WG - 17 CHO)		4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO) COCOA PUFF BAR (1 WG - 30 CHO)		4 OZ 100% JUICE CUP ½ C BANANA (19 CHO) BLUEBERRY WAFFLE (2 WG - 37 CHO)	
13		14		15		16		17	
4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO) APPLE JACKS CEREAL BOWL (1 WG - 24 CHO) TIGER BITES (1 WG - 21 CHO)		4 OZ 100% JUICE CUP ½ C CRAISIN (27 CHO) CRUNCH MANIA (2 WG - 38 CHO)		4 OZ 100% JUICE CUP ½ C FRUIT CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO) GRAHAM CRACKER (1 WG - 17 CHO)		4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO) TRIX BAR (1 WG - 30 CHO)		4 OZ 100% JUICE CUP ½ C BANANA (19 CHO) CINNAMON WAFFLE (2 WG - 37 CHO)	
20		21		22		23		24	
4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO) FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO) GIANT GOLDFISH (1 WG - 19 CHO)		4 OZ 100% JUICE CUP ½ C CRAISIN (27 CHO) FRENCH TOAST BITES (2 WG - 38 CHO)		4 OZ 100% JUICE CUP ½ C FRUIT FROOT LOOPS CEREAL BOWL (1 WG - 24 CHO) GRAHAM CRACKER (1 WG - 17 CHO)		4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO) GOLDEN GRAHAM BAR (1 WG - 30 CHO)			
27		28		29		30		31	
CLOSED									

MAY 2024

9-12TH GRADE LUNCH MENU

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider.		Menu Subject To Change Served With Milk Apple, Fruit Punch Juice (14 CHO)		1 HOTDOG	2 CHICKEN NUGGETS	3 SALISBURY STEAK
				½ C 100% Juice* ½ C Fruit 1 C Carrots (15 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	½ C 100% Juice ½ Craisin (27 CHO) 1 C Green Beans (15 CHO) Chicken Nuggets (2 M/1 WG - 16 CHO) Ketchup Packet (1 CHO)	½ C 100% Juice ½ C Banana (21 CHO) ½ C Corn (9 CHO) ½ C Mashed Potatoes (20 CHO) Meatloaf Patty (2 M - 3 CHO) Beef Gravy (9 CHO) Dinner Roll (1 WG - 12 CHO - 1 E)
6 FLUFFY CAKES & LINKS	7 HAMBURGER	8 DOGS IN A BLANKET	9 CHEESE DIPPER	10 POPCORN CHICKEN BOWL		
½ C 100% Juice* 1 C Tater Tots (27 CHO) Breakfast Sausage (1 M - 2 CHO) Pancakes (1 WG - 20 CHO - 1 E) Syrup Cup (30 CHO) Ketchup Packet (2 CHO)	½ C Applesauce (14 CHO) 1 C Seasoned Beans (58 CHO) Beef Patty (2 M- 12 CHO) Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	½ C 100% Juice* ½ C Fruit 1 ¼ C Carrots (15 CHO) Mini Corn Dogs (2 M/2 WG - 28 CHO- 6E) Ketchup Packet (2 CHO)	½ C 100% Juice ½ Craisin (27 CHO) 1 C Green Beans (15 CHO) Cheese Stuffed Breadsticks (2 MMA/2 WG - 42 CHO - 2 E) Marinara Cup (14 CHO)	½ C 100% Juice ½ C Banana (21 CHO) ½ C Broccoli (3 CHO) ½ C Mashed Potatoes (20 CHO) Breaded Popcorn Chicken (1 WG/2 M - 14 CHO - 12 E) Graham Cracker (1 WG - 17 CHO)		
13 CHICKEN TENDERS	14 WONDEROUS WAFFLE	15 QUESADILLA	16 BAGEL SANDWICH	17 SWEET THAI BOWL		
½ C 100% Juice ½ C Apple Crisp (10 CHO) 1 C Broccoli (6 CHO) Chicken Tenders (2 M/2 WG - 16 CHO) BBQ Packet (5 CHO)	½ C 100% Juice* ½ C Applesauce (14 CHO) 1 C Tater Tots (27 CHO) Breakfast Sausage (2 M - 2 CHO) Waffle (2 WG -32 CHO - 2 E) Syrup Cup (30 CHO) Ketchup Packet (2 CHO)	½ C 100% Juice* ½ C Fruit 1 Fiesta Beans (72 CHO) Cheese Quesadilla (2 M/2 WG - 31 CHO - 3 E) Taco Packet (2 CHO)	½ C 100% Juice ½ Craisin (27 CHO) 1 ¼ C Maple Cinnamon Carrots (16 CHO) Bagel (2 WG - 14 CHO) Egg Patty & American Cheese (2 M - 2 CHO)	½ C 100% Juice ½ C Banana (21 CHO) 1 C Green Beans (15 CHO) Sweet Thai Chicken Chunks (2 M/1 WG - 23 CHO) ½ C Stir Fry Rice (1 WG - 25 CHO)		
20 ENGLISH MUFFIN	21 CHICKEN PATTY	22 CHEESE PIZZA	23	24		
½ C 100% Juice* ½ C Apple Crisp (10 CHO) 1 C Tater Tots (27 CHO) English Muffin (2 WG - 14 CHO) Egg Patty & American Cheese (2 M - 2 CHO)	½ C 100% Juice* ½ C Applesauce (14 CHO) ½ C Carrots (6 CHO) ½ C Green Beans (15 CHO) Chicken Patty (2 M- 22 CHO) Hamburger Bun (2 WG - 27 CHO) BBQ Packet (5 CHO)	½ C 100% Juice* ½ C Fruit ½ C Baby Carrots (6 CHO) ½ C Wango Mango Juice (14 CHO) Cheese Pizza (2 MMA/2 WG -½ C V - 38 CHO)	½ C 100% Juice* ½ Craisin (27 CHO) 1 C Seasoned Beans (69 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)			
27	28	29	30	31		
CLOSED						