

APRIL 2024

9-12TH GRADE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 ENGLISH MUFFIN	3 CHICKEN PATTY	4 FLUFFY CAKE & LINKS	5 SALISBURY STEAK
	<p>½ C 100% Juice            ½ C Applesauce (14 CHO)            ¼ C Tater Tots (27 CHO)            English Muffin (2 WG - 14 CHO)            Egg Patty &amp; American Cheese (2 M - 2 CHO)</p>	<p>½ C 100% Juice            ½ C Fruit            1 C Baked Beans (69 CHO)            Chicken Patty (2 M - 22 CHO)            Hamburger Bun (1.5 WG - 25 CHO)            BBQ Packet (5 CHO)</p>	<p>½ C 100% Juice            1 C Tater Tots (27 CHO)            Breakfast Sausage (2 M - 2 CHO)            Pancakes (2 WG - 40 CHO - 1 E)            Syrup Cup (30 CHO)            Ketchup Packet (2 CHO)</p>	<p>½ C 100% Juice            ½ Craisin (27 CHO)            ½ C Corn (11 CHO)            ½ C Mashed Potatoes (20 CHO)            Meatloaf Patty (2 M - 3 CHO)            Beef Gravy (9 CHO)            Dinner Roll (1 WG - 12 CHO - 1 E)</p>
8	9 HOTDOG	10 CHEESE PIZZA	11 HAMBURGER	12 BBQ MEATLOAF
	<p>½ C 100% Juice            ½ C Applesauce (14 CHO)            1 C Broccoli (7 CHO)            Turkey Hot Dog (2 M - 1 CHO)            Hotdog Bun (2 WG - 27 CHO)            Ketchup Packet (2 CHO)</p>	<p>½ C 100% Juice            ½ C Fruit            1 ¼ C Baby Carrots (12 CHO)            ½ C Wango Mango Juice (14 CHO)            Cheese Pizza            (2 MMA/2 WG - ½ C V - 38 CHO)</p>	<p>½ C 100% Juice*            ½ C Banana (21 CHO)            1 C Seasoned Beans (69 CHO)            Beef Patty (2 M - 12 CHO)            Bun (2 WG - 27 CHO)            Ketchup Packet (2 CHO)</p>	<p>½ C 100% Juice            ½ Craisin (27 CHO)            ½ C Corn (5 CHO)            ½ C Mashed Potatoes (20 CHO)            BBQ Meatloaf Patty (2 M - 15 CHO)            Dinner Roll (2 WG - 24 CHO - 2 E)</p>
15 CHICKEN TENDERS	16 FLUFFY CAKE & LINKS	17 POPCORN CHICKEN BOWL	18 QUESADILLA	19 SWEET THAI BOWL
<p>½ C 100% Juice*            ½ C Apple Crisp (10 CHO)            1 C Baked Beans (69 CHO)            Chicken Tenders (2 M/2 WG - 16 CHO)            BBQ Packet (5 CHO)</p>	<p>½ C 100% Juice            ½ C Applesauce (14 CHO)            ¼ Brown Sugar Carrots (14 CHO)            Breakfast Sausage (2 M - 2 CHO)            Pancakes (2 WG - 40 CHO - 1 E)            Syrup Cup (30 CHO)            Ketchup Packet (2 CHO)</p>	<p>½ C 100% Juice            ½ C Fruit            ½ C Broccoli (3 CHO)            ½ C Mashed Potatoes (20 CHO)            Breaded Popcorn Chicken (1 WG/2 M - 14 CHO - 12 E)            President Coin (1 WG - 21 CHO)</p>	<p>½ C 100% Juice            ½ Craisin (27 CHO)            1 Fiesta Beans (69 CHO)            Cheese Quesadilla (2 M/2 WG - 31 CHO - 3 E)            Taco Packet (2 CHO)</p>	<p>½ C 100% Juice            ½ C Banana (21 CHO)            1 C Green Beans (7 CHO)            Sweet Thai Chicken Chunks (2 M/1 WG - 23 CHO)            1 C Stir Fry Rice (2 G - 50 CHO)</p>
22 ENGLISH MUFFIN	23 PASTA MARINARA	24 GRILLED CHEESE	25 CHICKEN PATTY	26 BBQ BASKET
<p>½ C 100% Juice*            ½ C Apple Crisp (10 CHO)            1 C Tater Tots (27 CHO)            English Muffin (2 WG - 14 CHO)            Egg Patty &amp; American Cheese (2 M - 2 CHO)</p>	<p>½ C 100% Juice            ½ C Applesauce (14 CHO)            ¼ C Broccoli (5 CHO)            Pasta Marinara (¼ C V - 2 G - 46 CHO)            Seasoned Beef &amp; Mozzarella (2 M/MMA - 2 CHO)</p>	<p>½ C 100% Juice            ½ C Fruit            1 ¼ C Carrots (19 CHO)            Pullman Bread (2 WG - 24 CHO)            American Cheese (2 MMA - 4 CHO)</p>	<p>½ C 100% Juice            ½ Craisin (27 CHO)            1 C Seasoned Beans (69 CHO)            Chicken Patty (2 M - 22 CHO)            Hamburger Bun (2 WG - 27 CHO)            BBQ Packet (5 CHO)</p>	<p>½ C 100% Juice            ½ C Banana (21 CHO)            1 C Seasoned Potatoes (27 CHO)            BBQ Chicken Nuggets (2 M/1 WG - 21 CHO - 5 E)            Ketchup Packet (2 CHO)</p>
29 FRENCH TOAST	30 CHEESE PIZZA	<p><b>Innovation Foods</b>            1550 Enterprise Parkway            Twinsburg, OH 44087 440-580-4800  <a href="http://www.ifsmeals.com">www.ifsmeals.com</a>            This institution is an equal opportunity provider.</p>		
<p>½ C 100% Juice*            ½ C Apple Crisp (10 CHO)            1 C Tater Tots (27 CHO)            French Toast (3 WG - 3 MMA - 56 CHO)            Syrup Cup (30 CHO)</p>	<p>½ C 100% Juice            ½ C Applesauce (14 CHO)            ½ C Baby Carrots (12 CHO)            ½ C Wango Mango Juice (14 CHO)            Cheese Pizza            (2 MMA/2 WG - ½ C V - 38 CHO)</p>			
				<p>Menu Subject To Change            Served With Milk            Apple, Fruit Punch Juice (14 CH)</p>

APRIL 2024

9-12TH GRADE BREAKFAST MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
1		2	4 OZ 100% JUICE CUP ½ C CRAISIN (27 CHO)  FRENCH TOAST BITES (2 WG - 38 CHO)	3	4 OZ 100% JUICE CUP ½ C FRUIT  CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO)  GRAHAM CRACKER (1 WG - 17 CHO)	4	4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO)  GOLDEN GRAHAM BAR (1 WG - 30 CHO)	5	4 OZ 100% JUICE CUP ½ C BANANA (19 CHO)  CINNAMON WAFFLE (2 WG - 37 CHO)		
8		9	4 OZ 100% JUICE CUP ½ C CRAISIN (27 CHO)  HONEY BUN (2 WG - 38 CHO)	10	4 OZ 100% JUICE CUP ½ C FRUIT  MARSHMALLOW MATEY CEREAL BOWL (1 WG - 24 CHO)  GRAHAM CRACKER (1 WG - 17 CHO)	11	4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO)  COCOA PUFF BAR (1 WG - 30 CHO)	12	4 OZ 100% JUICE CUP ½ C BANANA (19 CHO)  MAPLE BUTTER WAFFLE (2 WG - 37 CHO)		
15		16	4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO)  APPLE JACKS CEREAL BOWL (1 WG - 24 CHO)  GIANT GOLDFISH (1 WG - 19 CHO)	17	4 OZ 100% JUICE CUP ½ C BANANA (19 CHO)  CINNAMON TOASTER CEREAL BOWL (1 WG - 22 CHO)  GRAHAM CRACKER (1 WG - 17 CHO)	18	4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO)  TRIX BAR (1 WG - 30 CHO)	19	4 OZ 100% JUICE CUP ½ C FRUIT  BLUEBERRY WAFFLE (2 WG - 37 CHO)		
22		23	4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO)  FROSTED FLAKE CEREAL BOWL (1 WG - 25 CHO)  TIGER BITES (1 WG - 21 CHO)	24	4 OZ 100% JUICE CUP ½ C BANANA (19 CHO)  MARSHMALLOW MATEY CEREAL BOWL (1 WG - 24 CHO)  GRAHAM CRACKER (1 WG - 17 CHO)	25	4 OZ 100% JUICE CUP ½ C APPLE CRISP (10 CHO)  GOLDEN GRAHAM BAR (1 WG - 30 CHO)	26	4 OZ 100% JUICE CUP ½ C FRUIT  CINNAMON WAFFLE (2 WG - 37 CHO)		
29		30	4 OZ 100% JUICE CUP ½ C APPLESAUCE (14 CHO)  FROOT LOOP CEREAL BOWL (1 WG - 24 CHO)  GIANT GOLDFISH (1 WG - 19 CHO)	<p><b>Innovation Foods</b>                      1550 Enterprise Parkway                      Twinsburg, OH 44087                      440-580-4800  <a href="http://www.ifsmeals.com">www.ifsmeals.com</a>                      This institution is an equal opportunity provider.</p>						<p>Menu Subject To Change                      Apple, Fruit Punch Juice (14 CHO)</p>	